

Resilience and cancer patient's relatives

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Abstract

Resilience like ability to overcome adversity and even learn and get out "strengthened" them has become, in the last decade, the focus of many studies throughout the life cycle and in different cultures. On the other hand cancer disease was introduced globally in a high percentage of the population requiring labor and health team including psychologists for coping on the part of the patient and their family members. Authors such as Cyrulnik (2005) and Walsh (2004) refer to the importance of developing resilience at the personal, family and cultural started the same with the presence of trust relationships, cultivating positive emotions, acceptance of different cycles of life and belief in a just world. These factors promoting resilience are the springs that allow the experience of cancer and even death and mourning as opportunities to generate thoughtful and personal and family learning.

The results show that most relatives show resilience when recognize evidences of learning from the experience of accompanying a sick family member: Family ties are strengthened; relatives obtain information about the disease to become a teacher of resilience to help people in the same conditions and increases prosperity for helping others.